

Parkside House School

Health and Social Care Curriculum Statement

Intent

Parkside House School recognises the importance of Health and Social Care education in supporting pupils to develop understanding, empathy and essential life skills. The Health and Social Care curriculum is designed to help pupils understand how care services support individuals across the lifespan, while developing confidence, resilience and employability skills.

The curriculum promotes person-centred values, respect, equality and responsibility, enabling pupils to make positive contributions to society. Learning is carefully adapted and differentiated to ensure all pupils can access content, experience success and develop a sense of achievement. The course provides a strong foundation for further learning, training or employment within the health and social care sector.

Implementation

Pupils access Health and Social Care through a weekly timetabled lesson across Key Stage 4, with opportunities to continue into accredited courses where appropriate. Teaching approaches are practical, discussion-based and scenario-led, supporting engagement and emotional regulation for learners.

Skills and knowledge are sequenced and mapped across the scheme of work to ensure progression, repetition and consolidation. Lessons incorporate visual support, clear routines and real-life contexts to support understanding and independence.

Pupils are taught to:

- Understand the roles and responsibilities of health and social care professionals.
- Explore different care settings and services, including health, social and community care.
- Understand person-centred care, dignity, safeguarding and confidentiality.
- Develop communication skills and appropriate professional behaviour.
- Understand basic health needs, wellbeing and factors that affect health.
- Work collaboratively, follow instructions and reflect on their own learning and behaviour.

Impact

The Health and Social Care curriculum supports pupils to develop empathy, confidence and a sense of responsibility towards others. Through structured learning and discussion, pupils build emotional literacy, self-awareness and positive social skills.

By the end of the course, pupils have developed transferable skills including communication, problem-solving, teamwork and independence. The curriculum supports preparation for adulthood by raising awareness of care careers, promoting positive values and enabling progression into further education, training or employment within the health and social care sector.