

Parkside House School

Hair and Beauty Curriculum Statement

Intent

Parkside House School recognises the value of Hair and Beauty education as a practical, creative and vocational subject that supports pupils with Social, Emotional and Mental Health (SEMH) needs. The Hair and Beauty curriculum is designed to build confidence, self-esteem and resilience while developing essential life and employability skills.

Through a structured and supportive approach, pupils are encouraged to express themselves creatively, develop personal presentation skills and gain an understanding of personal care, hygiene and wellbeing. The curriculum is adapted and differentiated to ensure all pupils can access learning successfully, experience achievement and develop positive attitudes to learning. The course also provides a foundation for further education, training or employment within the hair and beauty sector.

Implementation

Pupils are given opportunities across Key Stage 4 to access Hair and Beauty lessons through a weekly timetabled session. Learning is delivered through a hands-on, practical approach that is well suited to SEMH learners, with clear routines, visual support and step-by-step instruction.

Skills and knowledge are carefully mapped across the scheme of work to ensure progression, repetition and consolidation. Lessons focus on developing both technical skills and personal, social and emotional development.

Pupils are taught to:

- Work safely and hygienically in a salon-style environment.
- Develop basic hair and beauty skills such as hair styling, basic manicure, nail art and skin care.
- Use tools, equipment and products safely and correctly.
- Understand personal presentation, self-care and wellbeing.
- Follow instructions, manage time and complete practical tasks independently or as part of a team.
- Develop communication skills and professional behaviour appropriate to the workplace.

Impact

The Hair and Beauty curriculum supports pupils to develop confidence, self-belief and a sense of achievement through practical success. Pupils take pride in their work and learn to manage emotions, build positive relationships and improve self-regulation through structured activities.

By the end of the course, pupils have gained transferable life skills including communication, organisation, resilience and independence. The curriculum helps prepare pupils for adulthood by promoting positive self-image, employability skills and potential pathways into further education, training or employment within the hair and beauty industry.