



Parkside House School

PHSE Curriculum Statement

Intention

PSHE education is a subject through which pupils develop the knowledge, skills and attributes they need to keep themselves healthy and safe, and prepare for life and work in modern Britain. Evidence shows that well-delivered PSHE programmes have an impact on both academic and non-academic outcomes for pupils, particularly the most vulnerable and disadvantaged. Our aim is to help our pupils understand the importance of personal, health, social, citizenship and careers education. Our intent is to equip pupils to live healthy, safe productive, capable, responsible and balanced lives through core themes of health and wellbeing, relationships and living in the wider world. At Parkside House School, we provide an academic and therapeutic PSHE curriculum that provides opportunities for pupils to reflect on, clarify their own values and attitudes, and explore complex and sometimes-conflicting range of values and attitudes they encounter now and in the future.

PSHEE aims to help pupils to:

- Identify their own personal qualities, attitudes, skills, attributes and achievements,
- Explore their attitudes, values and beliefs about them and develop the skills, language and strategies needed to manage any issues should they encounter them in their lives.
- Apply academic skills such as critical thinking and resilience, to their approach to the study of PSHE.
- Promote pupils' spiritual, moral, social and cultural development.
- Equip all pupils with the knowledge and skills they need to stay safe and be able to communicate when they do not feel safe
- Provide expert independent, up-to-date careers guidance that gives our pupils the best information and opportunities available and helps them progress into further education, training and employment

Implementation

We have amended the schemes of work from JIGSAW at KS2, KS3 and KS4 to include the new Relationships Education, Relationships and Sex Education (RSE) and Health Education' to follow statutory guidelines. Each pupil is given at least 3 one hour lessons per week. We use assessment as a way of enriching learning and lessons are adapted to suit the needs of the individual students. We aim to give our students every opportunity to engage with the outside world by taking part in educational visits and other enrichment activities

Impact

We aim to equip our pupils to enter the world of work as well rounded and knowledgeable individuals who can become valued members wherever the next stage of their life begins.

The curriculum is planned and delivered to extend and rehearse the skills they already have. We encourage students to further explore attitudes and values, and deepen knowledge and understanding they have acquired throughout their learning journey. The quality of teaching and learning in PSHE creates a positive environment, which is safe, and interests and excites pupils to be inquisitive, ask questions and listen to others. The curriculum is engaging and varied using case studies and research that is relevant to our pupils and our school setting.