



# Acorn Education And Care




Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Course</b> 	Spaghetti, Meatballs	Chilli, Rice & Nachos	Chicken Pie. Mash, Carrots/ Sweetcorn	Hotdogs chips & beans	Homemade soup Crusty roll
<b>Vegetables</b> 	Tomatoes Onion Lettuce Cucumber Peppers	Tomatoes Onion Peppers	Tomato Peppers Carrots Sweetcorn	Beans	Tomato Carrot Onion Celery
<b>Carbohydrates</b> 	Pasta Bread	Rice Corn Chips	Potato Bread	Potato Bread	Bread
<b>2<sup>nd</sup> Choice</b>	Sandwiches / salad	Jacket Potato / salad	Sandwiches / Salad	Soup & Rolls / Salad	Panini / Salad
<b>Desert</b> 	Rocky Road Tray Bake	Cheesecake	Chocolate crispy cakes	Ice cream	Jam Sponge & Custard
<b>2<sup>nd</sup> Choice Desert</b> 	Fruit / yogurt	Fruit / yogurt	Fruit / yogurt	Fruit / yogurt	Fruit / yogurt



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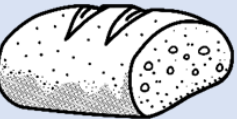




Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Course</b> 	Spaghetti Bolognese Salad	Chicken Casserole Mash & Vegetables	Shepherds Pie Carrots & Green Beans	Pizza, Chips & Beans	Quiche & Salad
<b>Vegetables</b> 	Cucumber Tomato Peppers Lettuce	Carrots Broccoli Peas	Potato Carrots Onions Green Beans	Beans	Onion Tomatoes Cucumber Lettuce Peppers
<b>Carbohydrates</b> 	Pasta Bread	Potato	Potato Bread	Potato bread	Bread Pastry
<b>2<sup>nd</sup> Choice</b>	Sandwiches / salad	Jacket Potato / salad	Sandwiches / salad	Panini / Salad	Soup & crusty bread
<b>Desert</b> 	Ginger cake & Custard	Meringue Fruit & Cream	Cheesecake	Vienetta Ice Cream	Rock cakes
<b>2<sup>nd</sup> Choice Desert</b> 	Fruit / yogurt	Fruit / yogurt	Fruit / yogurt	Fruit / yogurt	Fruit / yogurt



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Outcomes  
First  
Group.

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Course</b> 	<b>Lasagne / Salad</b>	<b>Enchiladas / Salad</b>	<b>Sausage casserole mash &amp; veg</b>	<b>Fish fingers, Chips &amp; Sweetcorn</b>	<b>chicken &amp; cheese Baguette / Salad</b>
<b>Vegetables</b> 	<b>Cucumber Toms Peppers lettuce</b>	<b>Lettuce Cucumber Peppers Toms</b>	<b>Green beans carrots</b>	<b>Potato Sweetcorn</b>	<b>Lettuce Cucumber Peppers Toms</b>
<b>Carbohydrates</b> 	<b>Pasta Bread</b>	<b>Wraps Potato</b>	<b>Potato</b>	<b>Potato bread</b>	<b>Bread</b>
<b>2<sup>nd</sup> Choice</b>	<b>Sandwiches / salad</b>	<b>Jacket Potato / salad</b>	<b>Sandwiches / salad</b>	<b>Panini / Salad</b>	<b>Soup &amp; crusty Bread</b>
<b>Desert</b> 	<b>Fresh fruit &amp; Cream</b>	<b>Scones, jam &amp; cream</b>	<b>Chocolate Gateau</b>	<b>Tray Bake</b>	<b>Strudel &amp; Custard</b>
<b>2<sup>nd</sup> Choice Desert</b> 	<b>Fruit / yogurt</b>	<b>Fruit / yogurt</b>	<b>Fruit / yogurt</b>	<b>Fruit / yogurt</b>	<b>Fruit / yogurt</b>



# Acorn Education And Care

Outcomes  
First  
Group.

Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Course</b> 	<b>Macaroni Cheese Salad</b>	<b>Chicken Curry &amp; Rice</b>	<b>Mince &amp; dumplings Mash &amp; veg</b>	<b>Chicken Nuggets Chips &amp; peas</b>	<b>Panni / Salad</b>
<b>Vegetables</b> 	<b>Onion Lettuce Cucumber Pepper</b>	<b>Cucumber Toms Peppers lettuce</b>	<b>Carrots Peas onion</b>	<b>Peas</b>	<b>Peas Toms Peppers Lettuce</b>
<b>Carbohydrates</b> 	<b>Pasta Bread</b>	<b>Potato Rice</b>	<b>Potato Bread</b>	<b>Potato Bread</b>	<b>Rice Bread</b>
<b>2<sup>nd</sup> Choice</b>	<b>Sandwiches / Salad</b>	<b>Jacket Potato / Salad</b>	<b>Sandwiches / Salad</b>	<b>Panini / Salad</b>	<b>Soup &amp; crusty Bread</b>
<b>Desert</b> 	<b>Banoffi pie</b>	<b>Apple Pie &amp; custard</b>	<b>Flapjacks</b>	<b>Strawberry Pastries</b>	<b>Choc cake &amp; Choc custard</b>
<b>2<sup>nd</sup> Choice Desert</b> 	<b>Fruit / yogurt</b>	<b>Fruit /yogurt</b>	<b>Fruit /yogurt</b>	<b>Fruit /yogurt</b>	<b>Fruit /yogurt</b>